

Lesson Plan: The Teasing Shield

Purpose:

- To teach children how to ignore inappropriate behavior
- To teach children how to initiate play appropriately

Materials:

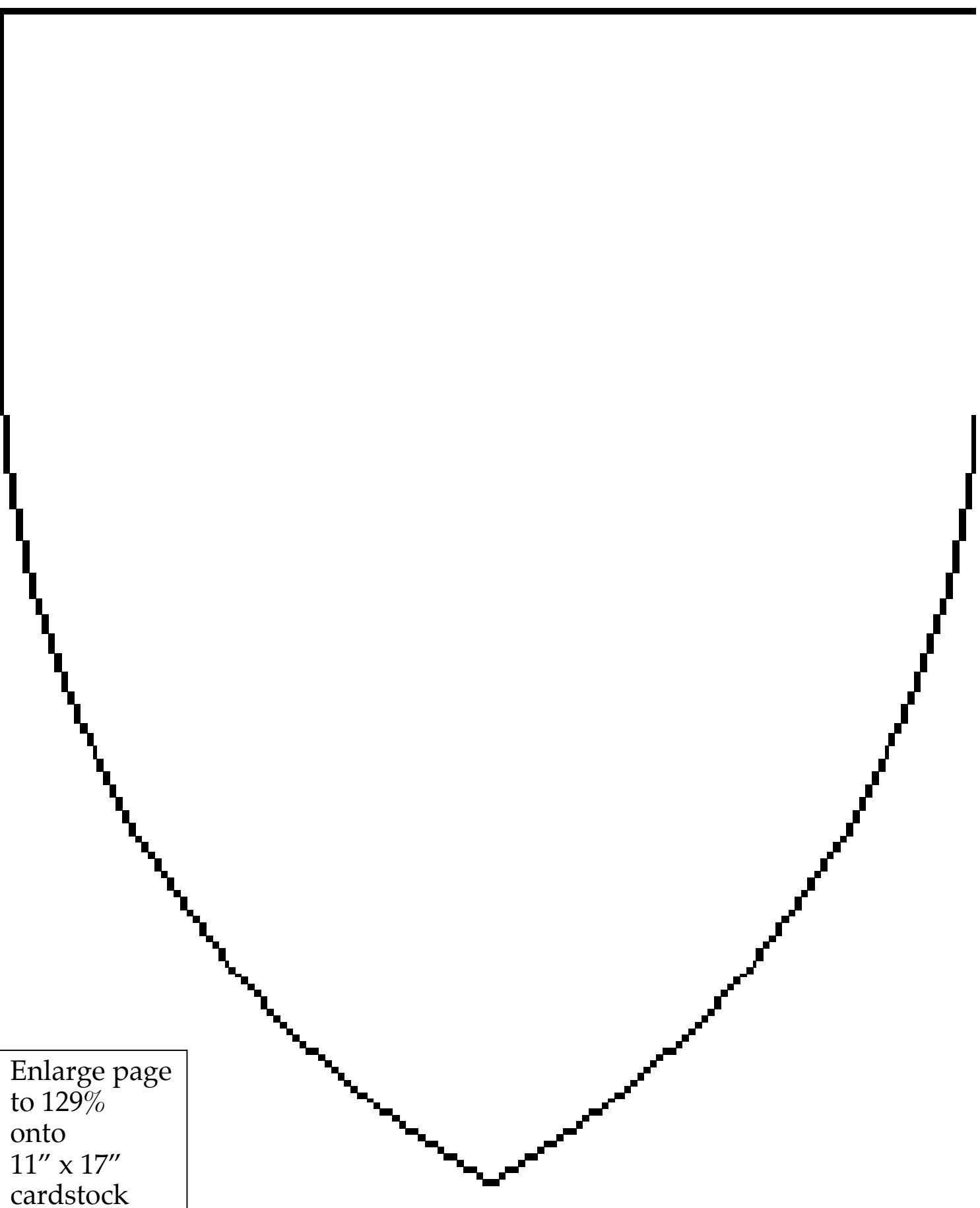
- Puppet for pre-teaching use of teasing shield
- Shield printed on cardstock, with handle (taped onto back)
- Various art supplies to decorate front

Activity:

- Using a puppet, demonstrate how the shield works: when someone is saying something mean to you, you can put up your shield and ignore them. Also demonstrate how to initiate play and how to feel sorry
- Introduce art activity, decorating shields with names, colors, glitter, etc.
- Practice using shield in context of classroom, with shield and without shield
- Reinforce use of “shield skills” in natural contexts. This includes noticing and labeling, as well as supporting children in using this successfully.

Language:

Hurt	You can use your teasing shield
Feelings	Without the shield
Sad	Can I play?
Strong	Nice words
Turn around	Yes
Look away	
Ignore	



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